

## WINTER SERIES 1:

NOVEMBER 19 - DECEMBER 17, 2023 (5 weeks) SUNDAYS 10:00 - 1:00 pm COST: \$325

## WINTER SERIES 2:

JANUARY 7 - FEBRUARY 4, 2024 (5 weeks) SUNDAYS 10:00 - 1:00 pm COST: \$325

## DISCOUNT:

SERIES 1 & SERIES 2: \$600 DISCOUNT ONLY AVAILABLE WITH PRE-REGISTRATION DISCOUNT ENDS EITHER NOVEMBER 4 **OR** WHEN SERIES 1 FILLS AND CLOSES

## LOCATION:

PORTLAND SPORTS COMPLEX 512 WARREN AVE, PORTLAND ME

#### AGE GROUPS:

GRAD YEARS 2024 - 2027 2024 - 12<sup>th</sup> • 2025 - 11<sup>th</sup> • 2026 - 10<sup>th</sup> • 2027 - 9<sup>th</sup>

#### **REGISTRATION:**

REGISTRATION IS THROUGH SPORTSENGINE CREATE AN ACCOUNT, LOGIN & REGISTER, SUBMIT PAYMENT

#### **CURRICULUM:**

INSTRUCTION & GAME PLAY

DRILLS • FUNDAMENTAL & ADVANCED SKILLS • SMALL GAMES • SITUATIONS • RULES • POSITIONING • STRATEGIES • TERMINOLOGY

INSTRUCTION

PLAYERS WILL WORK WITH THEIR ASSIGNED TEAM & ASSIGNED COACH STRUCTURE & ASSURANCE WITH A CORE CURRICULUM WHILE MAINTAINING ROOM FOR PERSONALIZATION AND CREATIVITY

GAME PLAY

WEEKLY SCRIMMAGES. SCHEDULES ARE PROVIDED TO COACHES EACH WEEK TEAMS WILL PLAY OTHER TEAMS WITHIN THEIR TIERS

TEAMS

TEAMS WILL BE MADE BASED ON PLAYER REQUESTS DURING REGISTRATION TEAMS WILL BE MADE BASED ON AGE, SKILL, TOWN, EXPERIENCE, MINDSET

## TIERS:

HSIL WILL TYPICALLY OFFER 3 TIERS TO ENSURE BETTER PLAYER GROWTH AND DEVELOPMENT THE TIERS ALLOW PLAYERS TO BUILD THE SKILL, IQ AND CONFIDENCE IT IS ALWAYS EASIER TO MOVE A PLAYER UP THAN DOWN ;)

## **EQUIPMENT:**

STANDARD EQUIPMENT STICK • MOUTHGUARD • SHIN GUARDS ¡ NO GOGGLES ! TURFS & CLEATS ARE RECOMMENDED. SNEAKERS ARE ALLOWED. WE HAVE EQUIPMENT KIDS CAN BORROW - PLEASE CONTACT COACH BISHOP IN ADVANCE GOAL KEEPERS NEED TO NOTIFY BISHOP IN ADVANCE - NOT THE DAY OF

# **HSIL INFO**

## COACHES:

OUR STAFF IS COMPRISED OF THE MOST AMAZING HUMAN BEINGS IN THE WORLD THEY ARE COMPETENT AND PASSIONATE THEY ARE WELL VERSED ON THE STYX CODE OF CONDUCT, THE EXPECTATIONS AND THE CULTURE HERE WE HAVE COLLEGE COACHES, COLLEGE PLAYERS, LOCAL COACHES AND STYX ATHLETES AND ALUM USAFH LEVEL I & LEVEL II CERTIFIED • SAFE SPORT CERTIFIED OUR COACHES HAVE ATTENDED COURSES & CONFERENCES ACROSS THE COUNTRY USAFH MEMBERS - NFHS MEMBERS - NFHCA MEMBERS

#### **PINNIES:**

PINNIES ARE MANDATORY BUT ARE A 1X PURCHASE CAN BE PURCHASED DURING REGISTRATION, ONLINE OR IN PERSON PLAYERS ARE REQUIRED TO WEAR THE PINNIE EVERY WEEK PINNIES WILL BE DISTRIBUTED ON DAY 1 AT CHECK-IN

#### CHECK-IN: DAY 1 ONLY

CHECK IN TIME WILL VARY SEASON TO SEASON CHECK IN POINTS WILL VARY SEASON TO SEASON DUE TO ONGOING RENOVATIONS AN EMAIL WILL BE SENT THE WEEK OF OPENING WEEKEND IT WILL PROVIDE YOU WITH CHECK IN TIMES & ENTRANCE POINTS

## **PROGRAM EMAIL:**

EMAILS WILL BE SENT OUT 2 DAYS PRIOR TO THE START OF THE EVENT ANY INFORMATION REGARDING THE PROGRAM IS AVAILABLE TO YOU HERE

#### WEATHER:

DUE TO FACILITY POLICIES - IF WE CANCEL DUE TO WEATHER - <u>THERE ARE NO MAKEUPS</u> - SO WE RARELY CANCEL SHOULD WE CANCEL - WE WILL SEND AN EMAIL & POST ON SOCIAL MEDIA WE WILL NOT MAKE A DECISION UNTIL 2 HOURS PRIOR TO THE PROGRAM

#### **ATTENDANCE:**

80% OF SUCCESS IF SHOWING UP! SESSIONS ARE PROGRESSIVE - SO IF YOU MISS TOO MANY SESSIONS - YOU WILL FALL BEHIND WE UNDERSTAND THINGS COME UP & THINGS HAPPEN THERE IS NO PRORATING, THERE ARE NO DROP IN RATES, THERE ARE NO REFUNDS. CREDITS ARE EVALUATED ON A CASE BY CASE BASIS

## **SPECTATORS:**

NO SPECTATORS ARE PERMITTED WE THANK YOU FOR YOUR UNDERSTANDING WE KNOW A LOT OF PEOPLE TRAVEL A GREAT DISTANCE - BUT THERE IS A LOT TO DO IN THE AREA ENJOY YOUR NIGHT OUT!

#### TRAVEL TEAMS:

ALL INDOOR LEAGUE PARTICIPANTS ARE ELIGIBLE FOR A TRAVEL INVITATION FOR MORE DETAILS ON TRAVEL PROGRAMS - PLEASE VISIT OUR WEBSITE

## THE A.S.S.I.S.T.S MATTER

ACCOUNTABILITY I SELF ADVOCACY I SELF SUFFICIENCY I INTEGRITY I SELF CONFIDENCE I TEAMWORK I SPORTSMANSHIP