# LYTTLE INFO

THIS PAGE WILL PROVIDE YOU WITH ALL INFO YOU WILL NEED FOR THIS PROGRAM. PLEASE READ IN FULL.

# WINTER SERIES 1:

## **WINTER SERIES 2:**

NOVEMBER 19 - DECEMBER 17, 2022 (5 weeks)

SATURDAYS 5:00 - 7:30 pm

COST: \$250

JANUARY 21 - FEBRUARY 18, 2023 (5 weeks) SATURDAYS 5:00 - 7:30 pm COST: \$250

## **DISCOUNT:**

SERIES 1 & SERIES 2: \$425

DISCOUNT ONLY AVAILABLE WITH PRE-REGISTRATION

DISCOUNT ENDS EITHER NOVEMBER 4 OR WHEN SERIES 1 FILLS AND CLOSES

# LOCATION:

PORTLAND SPORTS COMPLEX 512 WARREN AVE, PORTLAND ME

## AGE GROUPS:

GRAD YEARS 2030 - 2035 2030 - 5<sup>th</sup> • 2031 - 4<sup>th</sup> • 2032 - 3<sup>rd</sup> • 2033 - 2<sup>nd</sup> • 2034 - 1<sup>st</sup> • 2035 - K

# **CURRICULUM:**

INSTRUCTION & GAME PLAY

DRILLS • FUNDAMENTAL & ADVANCED SKILLS • SMALL GAMES • SITUATIONS • RULES • POSITIONING • STRATEGIES • TERMINOLOGY

#### INSTRUCTION

PLAYERS WILL WORK WITH THEIR ASSIGNED TEAM & ASSIGNED COACH STRUCTURE & ASSURANCE WITH A CORE CURRICULUM WHILE MAINTAINING ROOM FOR PERSONALIZATION AND CREATIVITY

## GAME PLAY

WEEKLY SCRIMMAGES. SCHEDULES ARE PROVIDED TO COACHES EACH WEEK
TEAMS WILL PLAY OTHER TEAMS WITHIN THEIR TIERS

### **TEAMS**

TEAMS WILL BE MADE BASED ON PLAYER REQUESTS DURING REGISTRATION TEAMS WILL BE MADE BASED ON AGE, SKILL, TOWN, EXPERIENCE, MINDSET

### **TIERS**

LYTTLE WILL TYPICALLY OFFER 4 TIERS TO ENSURE BETTER PLAYER GROWTH AND DEVELOPMENT THE TIERS ALLOW PLAYERS TO BUILD THE SKILL, IQ AND CONFIDENCE

IT IS ALWAYS EASIER TO MOVE A PLAYER UP THAN DOWN;)

## **EQUIPMENT:**

STANDARD EQUIPMENT

STICK • MOUTHGUARD • SHIN GUARDS

; NO GOGGLES!

TURFS & CLEATS ARE RECOMMENDED. SNEAKERS ARE ALLOWED.

WE HAVE EQUIPMENT KIDS CAN BORROW - PLEASE CONTACT COACH BISHOP IN ADVANCE

GOAL KEEPERS NEED TO NOTIFY BISHOP IN ADVANCE - NOT THE DAY OF

# LYTTLE INFO

## COACHES:

OUR STAFF IS COMPRISED OF THE MOST AMAZING HUMAN BEINGS IN THE WORLD THEY ARE COMPETENT AND PASSIONATE

THEY ARE WELL VERSED ON THE STYX CODE OF CONDUCT, THE EXPECTATIONS AND THE CULTURE HERE
WE HAVE COLLEGE COACHES, COLLEGE PLAYERS, LOCAL COACHES AND STYX ATHLETES AND ALUM
USAFH LEVEL I & LEVEL II CERTIFIED • SAFE SPORT CERTIFIED
OUR COACHES HAVE ATTENDED COURSES & CONFERENCES ACROSS THE COUNTRY
USAFH MEMBERS - NFHS MEMBERS - NFHCA MEMBERS

## **REGISTRATION:**

REGISTRATION IS THROUGH SPORTSENGINE
CREATE AN ACCOUNT, LOGIN & REGISTER, SUBMIT PAYMENT

## PINNIES:

PINNIES ARE MANDATORY BUT ARE A 1X PURCHASE

CAN BE PURCHASED DURING REGISTRATION, ONLINE OR IN PERSON
PLAYERS ARE REQUIRED TO WEAR THE PINNIE EVERY WEEK
PINNIES WILL BE DISTRIBUTED ON DAY 1 AT CHECK-IN

# CHECK-IN: DAY 1 ONLY

60 MIN PRIOR TO THE EVENT - <u>NO SOONER</u>
PLEASE ENTER THROUGH THE TURFS ENTRANCE AT THE FRONT OF THE BUILDING
YOU WILL GET YOUR PINNIE AND TEAM ASSIGNMENT AT CHECK IN

### PROGRAM FMAIL:

EMAILS WILL BE SENT OUT 2 DAYS PRIOR TO THE START OF THE EVENT ANY INFORMATION REGARDING THE PROGRAM IS AVAILABLE TO YOU HERE

#### **WEATHER:**

DUE TO FACILITY POLICIES - IF WE CANCEL DUE TO WEATHER - THERE ARE NO MAKEUPS - SO WE RARELY CANCEL SHOULD WE CANCEL - WE WILL SEND AN EMAIL & POST ON SOCIAL MEDIA

WE WILL NOT MAKE A DECISION UNTIL 2 HOURS PRIOR TO THE PROGRAM

## ATTENDANCE:

80% OF SUCCESS IF SHOWING UP!

SESSIONS ARE PROGRESSIVE - SO IF YOU MISS TOO MANY SESSIONS - YOU WILL FALL BEHIND

WE UNDERSTAND THINGS COME UP & THINGS HAPPEN

THERE IS NO PRORATING, THERE ARE NO DROP IN RATES, THERE ARE NO REFUNDS. CREDITS ARE EVALUATED ON A CASE BY CASE BASIS

### SPECTATORS:

NO SPECTATORS ARE PERMITTED

WE THANK YOU FOR YOUR UNDERSTANDING

WE KNOW A LOT OF PEOPLE TRAVEL A GREAT DISTANCE - BUT THERE IS A LOT TO DO IN THE AREA

ENJOY YOUR NIGHT OUT!

## TRAVEL TEAMS:

ALL INDOOR LEAGUE PARTICIPANTS ARE ELIGIBLE FOR A TRAVEL INVITATION FOR MORE DETAILS ON TRAVEL PROGRAMS - PLEASE VISIT OUR WEBSITE

THE A.S.S.I.S.T.S MATTER