

# HSIL INFO

THIS PAGE WILL PROVIDE YOU WITH ALL INFO YOU WILL NEED FOR THIS PROGRAM. PLEASE READ IN FULL.

## WINTER SERIES 1:

NOVEMBER 20 - DECEMBER 18, 2022 (5 weeks)  
SUNDAYS 10:00 - 2:00 pm  
COST: \$300

## WINTER SERIES 2:

JANUARY 22 - FEBRUARY 19, 2023 (5 weeks)  
SUNDAYS 11:00 - 2:00 pm  
COST: \$300

## DISCOUNT:

SERIES 1 & SERIES 2: \$550  
DISCOUNT ONLY AVAILABLE WITH PRE-REGISTRATION  
DISCOUNT ENDS EITHER NOVEMBER 4 **OR** WHEN SERIES 1 FILLS AND CLOSES

## LOCATION:

PORTLAND SPORTS COMPLEX  
512 WARREN AVE, PORTLAND ME

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## AGE GROUPS:

GRAD YEARS 2030 - 2035  
2023 - 12<sup>th</sup> • 2024 - 10<sup>th</sup> • 2025 - 9<sup>th</sup> • 2025 - 9<sup>th</sup>

## CURRICULUM:

*INSTRUCTION & GAME PLAY*

DRILLS • FUNDAMENTAL & ADVANCED SKILLS • SMALL GAMES • SITUATIONS • RULES • POSITIONING • STRATEGIES • TERMINOLOGY

### INSTRUCTION

PLAYERS WILL WORK WITH THEIR ASSIGNED TEAM & ASSIGNED COACH  
STRUCTURE & ASSURANCE WITH A CORE CURRICULUM  
WHILE MAINTAINING ROOM FOR PERSONALIZATION AND CREATIVITY

### GAME PLAY

WEEKLY SCRIMMAGES. SCHEDULES ARE PROVIDED TO COACHES EACH WEEK  
TEAMS WILL PLAY OTHER TEAMS WITHIN THEIR TIERS

### TEAMS

TEAMS WILL BE MADE BASED ON PLAYER REQUESTS DURING REGISTRATION  
TEAMS WILL BE MADE BASED ON AGE, SKILL, TOWN, EXPERIENCE, MINDSET

### TIERS

HSIL WILL TYPICALLY OFFER 3 TIERS TO ENSURE BETTER PLAYER GROWTH AND DEVELOPMENT  
THE TIERS ALLOW PLAYERS TO BUILD THE SKILL, IQ AND CONFIDENCE  
IT IS ALWAYS EASIER TO MOVE A PLAYER UP THAN DOWN ;)

## EQUIPMENT:

STANDARD EQUIPMENT  
STICK • MOUTHGUARD • SHIN GUARDS  
; NO GOGGLES !  
TURFS & CLEATS ARE RECOMMENDED. SNEAKERS ARE ALLOWED.  
WE HAVE EQUIPMENT KIDS CAN BORROW - PLEASE CONTACT COACH BISHOP IN ADVANCE  
GOAL KEEPERS NEED TO NOTIFY BISHOP IN ADVANCE - NOT THE DAY OF

# HSIL INFO

## COACHES:

**OUR STAFF IS COMPRISED OF** THE MOST AMAZING HUMAN BEINGS IN THE WORLD  
THEY ARE COMPETENT AND PASSIONATE  
THEY ARE WELL VERSED ON THE STYX CODE OF CONDUCT, THE EXPECTATIONS AND THE CULTURE HERE  
WE HAVE COLLEGE COACHES, COLLEGE PLAYERS, LOCAL COACHES AND STYX ATHLETES AND ALUM  
USAFH LEVEL I & LEVEL II CERTIFIED • SAFE SPORT CERTIFIED  
OUR COACHES HAVE ATTENDED COURSES & CONFERENCES ACROSS THE COUNTRY  
USAFH MEMBERS - NFHS MEMBERS - NFCA MEMBERS

## REGISTRATION:

REGISTRATION IS THROUGH SPORTSENGINE  
CREATE AN ACCOUNT, LOGIN & REGISTER, SUBMIT PAYMENT

## PINNIES:

PINNIES ARE MANDATORY BUT ARE A 1X PURCHASE  
CAN BE PURCHASED DURING REGISTRATION, ONLINE OR IN PERSON  
PLAYERS ARE REQUIRED TO WEAR THE PINNIE EVERY WEEK  
PINNIES WILL BE DISTRIBUTED ON DAY 1 AT CHECK-IN

## CHECK-IN: DAY 1 ONLY

EMAIL WILL PROVIDE YOU CHECK IN WINDOWS  
PLEASE ENTER THROUGH THE TURFS ENTRANCE AT THE FRONT OF THE BUILDING  
YOU WILL GET YOUR PINNIE AND TEAM ASSIGNMENT AT CHECK IN

## PROGRAM EMAIL:

EMAILS WILL BE SENT OUT 2 DAYS PRIOR TO THE START OF THE EVENT  
ANY INFORMATION REGARDING THE PROGRAM IS AVAILABLE TO YOU HERE

## WEATHER:

DUE TO FACILITY POLICIES - IF WE CANCEL DUE TO WEATHER - **THERE ARE NO MAKEUPS** - SO WE RARELY CANCEL  
SHOULD WE CANCEL - WE WILL SEND AN EMAIL & POST ON SOCIAL MEDIA  
WE WILL NOT MAKE A DECISION UNTIL 2 HOURS PRIOR TO THE PROGRAM

## ATTENDANCE:

80% OF SUCCESS IF SHOWING UP!  
SESSIONS ARE PROGRESSIVE - SO IF YOU MISS TOO MANY SESSIONS - YOU WILL FALL BEHIND  
WE UNDERSTAND THINGS COME UP & THINGS HAPPEN  
THERE IS NO PRORATING, THERE ARE NO DROP IN RATES, THERE ARE NO REFUNDS. CREDITS ARE EVALUATED ON A CASE BY CASE BASIS

## SPECTATORS:

**NO SPECTATORS ARE PERMITTED**  
**WE THANK YOU FOR YOUR UNDERSTANDING**  
**WE KNOW A LOT OF PEOPLE TRAVEL A GREAT DISTANCE - BUT THERE IS A LOT TO DO IN THE AREA**  
**ENJOY YOUR NIGHT OUT!**

## TRAVEL TEAMS:

ALL INDOOR LEAGUE PARTICIPANTS ARE ELIGIBLE FOR A TRAVEL INVITATION  
FOR MORE DETAILS ON TRAVEL PROGRAMS - PLEASE VISIT OUR WEBSITE

## THE A.S.S.I.S.T.S MATTER

ACCOUNTABILITY | SELF ADVOCACY | SELF SUFFICIENCY | INTEGRITY | SELF CONFIDENCE | TEAMWORK | SPORTSMANSHIP